

Procedure:

- a. MINT, a patently-molded PDO thread, will be used in a minimally invasive procedure to target sagging jowls, nasolabial folds, marionette lines, unwanted midface wrinkles, sagging neckline, undefined jawlines, etc. to pull up the targeted areas and achieve a desired look.

Complications:

- b. Relapse
 - i. Despite the thread effectively lifting areas listed above, over time and as the patient ages, wrinkles and sagging will recur.
- c. Infection
 - i. For prevention of infection and precautionary measure, the patient will receive a prescription for antibiotics to be taken as directed by the doctor.
- d. Bleeding & Bruising
 - i. Like any other procedure, there is a possibility of bleeding and bruising, but it will subside after a couple days and 1-2 weeks respectively.
- e. Scars
 - i. Should an incision be made during the procedure, a scar may result, but it will typically be made in the hair line to avoid showing (*speak to your doctor if an incision will be made, typically no incisions are made*).
- f. Discomfort
 - i. Due to threads being placed in the skin, there may be discomfort in the area for several days after the procedure but will lessen over time. Pain and discomfort can be managed by taking ibuprofen (ex. Motrin, Advil, etc.).
- g. Disorder of face movement
 - i. This is rare but depending on the pulling within the SMAS (superficial musculoaponeurotic system) layer, it can affect a branch of the facial nerve and can cause disorders in facial movements, however this typically recovers over time.
- h. Skin necrosis
- i. This may occur if blood circulation is not sufficient.
 - i. Dimpling and bunching
 - i. Dimpling and bunching may occur due to the barbed threads being placed inside the skin, however this can be massaged out by the provider.

Post Care

- j. Patient may go back to everyday life (i.e. driving, eating, walking, etc.) right after the procedure.
- k. Swelling may be present after the procedure but the use of ice packs for 30 minutes for a few days will help lessen with swelling.
- l. Avoid washing hair and taking a shower for the next 24 hours after the procedure.
- m. Avoid drinking or smoking for about 1-2 weeks to prevent possible infection.
- n. Avoid lying down either in a supine nor prone position 4 hours after the procedure to decrease the possibility of the movements of threads.
- o. It is recommended to sleep in a proper position for the next 3-5 days to prevent maneuvering of threads.
- p. Avoid headstands, yoga, strenuous workouts, and exaggerated facial expressions for about 2-3 weeks.
- q. Face may be bound with bandages for 1-2 days after the procedure to help with swelling and stability if needed.
- r. Deep facial massages should be avoided for the next couple months, however laser treatments may be done after a week from the procedure.

I have been fully informed by the provider/provider's staff/MINT manufacturer staff regarding the procedure, its possible side-effects, and post-op care, which are listed, but not limited to the articles listed above.

Should there be any questions regarding the procedure, I, the patient, am responsible to ask questions during the consultation for any additional information that may not be listed on this form.

Patient Name: _____ Signature: _____ Date: ____/____/____

Provider: _____