

Mesotherapy involves injecting fat dissolving, FDA approved medications such as Kybella or Phosphatidylcholine deoxycholate (PCDC) micro-injections which are injected locally into the targeted treatment areas. The fat cells absorb the PCDC and become slightly inflamed and then harden. The hardened fat cells break down within a few weeks and are eliminated via the body's natural processes.

Using a fine needle, the PCDC solution is injected into fat deposits, typically in the abdomen, face, hips or back. For large areas such as the stomach, as many as 120 injections may be required at one time.

HOW DOES IT WORK?

Kybella or PCDC uses deoxycholic acid, a naturally occurring compound in the body that aids in the breakdown and absorption of dietary fat. The compound is injected into the targeted area to break down the fat pocket. Fat eliminated during the treatment is processed through your body's natural metabolism.

WHO IS A CANDIDATE FOR MESOTHERAPY?



Anyone with small, well localized deposit of subcutaneous fat is considered ideal for Kybella or PCDC. Mesotherapy is also called Lipo Dissolve and can not only be used to treat localized fat but also treat cellulite.

TREATMENT PROCESS

Kybella or PCDC is injected during an office visit. For each treatment session we disinfect the skin, measure and mark out the treatment area, and perform a series of injections. This injection process generally takes 15 to 20 minutes.

WHAT IS THE DOWNTIME AFTER TREATMENT?

You can resume your normal daily activities immediately after treatment though you will have substantial swelling for the first few days. Keep social plans and work commitments in mind when scheduling your treatment. Swelling is generally resolved enough to return to work and workouts in 3 days. The remainder of swelling and inflammation will be completely resolved within one month. Results will develop gradually over time as the fat disappears and chin contour improves.

IS MESOTHERAPY SAFE?

The most common side effects include swelling, bruising, tenderness, areas of firmness, numbness, and redness, all of which resolve with time. There is also a small risk of nerve damage along the jawline which could lead to trouble swallowing and/or temporary asymmetry of the smile. For this reason, only experienced cosmetic injectors, such as dermatologists and plastic surgeons, should perform these treatments.

HOW MANY TREATMENTS WILL I NEED?

The number of treatment sessions required will vary between patients based on the amount and distribution of fat and personal treatment goals. Most people will require between three-six treatment sessions, but some may require as more. Treatment sessions will generally be spaced about four weeks apart. Results are permanent with additional treatments not expected once the desired contour is achieved.