Sculptra Informed Consent Form

Sculptra is a cosmetic product used to fill defects of the skin at deep levels. It stimulates collagen development. It does not directly provide volume filling; instead, Sculptra causes the formation of new collagen. The Sculptra product is broken down in the body and is absorbed about two years after a treatment, but the new collagen layer that is left behind may last two or more years. Sculptra requires a series of treatments to achieve adequate filling for most skin defects. You may need anywhere from two to six treatments at four- to eight-week intervals to achieve the best result. Deep defects may require four to six treatment sessions; persons with lesser skin defects can often be treated with as few as two sessions. The volume of Sculptra injected at each session is entirely dependent on the size of the defect being corrected. Single treatments every one to three years appear to "keep up" with the natural loss of tissue volume due to aging. The effect of Sculptra is slow and gradual, as your skin forms collagen around the product crystals. The best results are seen about three months after the final treatment.

Sculptra is injected under the skin in the area to be treated. These injections are mildly painful. The treated areas will be mildly sore for up to three days after treatment. Your skin will be deeply massaged and manipulated after treatment. Ice packs can also be applied to help minimize bruising. You will have puffiness (not severe) for up to 10 days after the procedure; this is simply the water used to carry the Sculptra into your skin, and most of this is reabsorbed within the first week. After each treatment, deeply massage the treated area for five minutes, five times a day for five days. You may resume normal activity immediately. Your skin may appear "lumpy" and mildly red or swollen for 24 to 48 hours after the treatment; this is normal. There may be mild bruising of the skin, especially if the treatment is around the eyes, which may last for up to seven days. If swelling is severe and/or painful, bruising is increasing or fever develops, please contact us.

Contraindications

There are a few contraindications and patients with certain conditions may not be good candidates. Inform your provider if you have had any of the following conditions:

- Bleeding disorders;
- Previous cosmetic surgical procedures;
- Keloid scar history;
- History of facial herpes; and
- Use of aspirin, anti-inflammatory, anticoagulant or immunosuppressive therapies.

Stop use of all aspirin, ibuprofen/Motrin, Aleve and vitamin E (pills) for one week prior to treatment.

Possible risks and complications

Possible risks and complications include, but are not limited to the following:

- Swelling and bruising, as noted above.
- Temporary numbness or tingling in the treated area, or temporary partial facial muscle paralysis (from the lidocaine anesthetic), lasting less than two hours.
- Infection at the injection sites. This is very rare and is treated with routine antibiotics.

- Undesired cosmetic effect, such as an unexpected appearance after treatment. These events can be limited by clear communication with the provider about your specific treatment goals.
- Small “bumps” that may or may not become visually apparent commonly form deep in the skin in the treated areas. This represents new collagen, which has formed deep in the skin.

I acknowledge that while good results are expected, I may be disappointed with the results of the procedure. I understand there is no guarantee of results of any treatment. Even though appropriate measures are taken to reduce side effects, they cannot be completely eliminated in every case. I understand that the treatment may involve risks of complication or injury from both known and unknown causes. I agree to follow the pre- and post-treatment instructions carefully. I understand that compliance with the recommended pre- and post-procedure guidelines is crucial for healing and reducing the risk of complications.

I am aware that follow-up treatments may be necessary for desired results. Clinical results will vary per patient. There may be other treatment options that achieve similar effects, and I have discussed these. With this in mind, I am choosing this non-invasive treatment using Sculptra. The nature, risks and purpose of the treatment have been explained to me, and all my questions have been answered to my satisfaction. I, therefore, consent to this treatment.

Printed Name:_____

Signature:_____ Date:_____